

THIRD QUARTERLY REPORT (Oct – Jan, 2016)

Swachh Bharat – street play was held by the Quepem Municipal Council and Goa State Urban development agency (GSUDA) on 20th October 2015 at 11.45 a.m. in the college campus. About 360 Volunteers attended the Programme.

Diwali Lantern display stall for exhibition cum sale was started from 28th Oct. to 31st Oct. 2015 in the College premises in association with Lok vishwas pratishthan's special school for mentally challenged children.

Our college volunteers (165) along with 6 Prog. Officers participated in Sardar Vallabh Bhai Patel Ekta Divas rally at Tilamol Grounds on 31st October 2016 at 9.00 a.m. Hon. MLA of Curchorem Shri. Neelesh Cabral Was the chief guest. In his address shri. Cabral asked the participants to promote the idea of AKHAND BHARAT and urged everyone to practice Nation First feeling in their life. Shri. Cabral flagged off the rally of hundreds of students from different schools, higher secondary's and our College, from Tilamol to Borimol sports complex.

As part of the ongoing Swachh Bharat Abhiyaan, our volunteers participated in the SHRAMANAND. Volunteers were divided in to Suitable groups with a Group leader to carry out cleanliness drive in the college campus.

On 26th November 2015 CONSTITUTION DAY was celebrated to mark 125th birth anniversary of Bharat Ratna Baba Saheb Ambedkar. Prof. Constancio Fernandes, Associate Prof. of Political Science has conducted a session on Indian Constitution to bring awareness about the constitution among the students. Preamble to the constitution was read and explained in the Programme.

On 2nd December Goa State AIDS control society conducted Folk Troup Campaign to create HIV/ AIDS awareness in the College. Ram Naik and Party conducted Street Play monitored by the SACS officials / health Officer and Extension Health Educator of Quepem .Dr.R.G.kulkarni & Dr. Vikrant Mudliyar NSS programme Officers conducted sessions in different Classes on changing scenario of the society living with AIDS, Socio Economic Impact of AIDS in the world.

SHRI – SHRI – Volunteers Collected Donation for the Chetana Charitable Trust's Special School Building Project. An amount of Rs.3, 10,800/- collected by the Volunteers and handed over to Shri. Raju Keshava Naik, President and Managing Director of the Trust. In the academic year 2010-11 our Volunteers collected Rs.2,12,00/- for the same cause, thus altogether Rs. 5,22,800/- was contributed to the Noble Cause of construction of special school to the differently abled children.

Centenary Celebrations of Swami Chinmayananda was held on 7th Dec.2015 in the College Conference Room at 10.30 a.m. Dr. Kulkarni R.G NSS Convenor of the College welcomed the gathering and expressed happiness to organize the event after the Transforming Indians to Transform India few months before and said as suggested by swami chinmayananda to change the society one must prepare to change self-first. Chief guest for the function was Shree. Nikhil Menon from Chinmaya yuvakendra, Bangalore. Mr. Menon explained to the students how one can get extra time in life to serve nation in spite of their busy schedules. He asked the students to start working for others in a small way in their own neighborhood, identify the problems analyze and find solutions using their wisdom as educated youth. The programme was organized by the members of Chinmaya yuvakendra, Curchorem and Students of the College, Mr. Virendra Shukla and Mr. Kemmanna Ghadi under the guidance of Prof. Bhaskar G Nayak Principal and Director of Higher Education.

West Zone States Inter University Leadership Contest 2015 was held by Sardar Vallabh Bhai Patel foundation in association with Mahatma Gandhi University on 15, 16 & 17th December 2015 at Ahmedabad. Dr. Smitha Nayak of English department (Co-opt NSS Prog. Officer) along with 4 students from all over the Goa including NSS Volunteer Sri. Naracinva Shet Verenkar of F.Y.B.A of our college represented the Goa State.

11th December 2015 Goa AIDS Control Society conducted FOLK TROUP CAMPAIGN to create HIV / AIDS awareness in the College. Shri. Ram Naik and Party monitored by SACS Officials, Health Officer and Extension Educator of Quepem conducted the Programme.

JAN SUVIDHA KENDRA to assist general public in distributing and filling prescribed application/ declaration forms through the hands of student

volunteers in association with Deputy Collector / Sub Divisional Magistrate Office staff at Quepem Office complex (Deputy collector Office)started from 5th January 2016.Daily four volunteers maintain the counter from 5th Jan to 15th Feb. 2015

RBI – FINANCIAL AWARENESS PROGRAMME on 7th January 2016 was conducted by the Dept. of Commerce in Co- Ordination with NSS unit of the College. The programme aimed at spreading the awareness about “Financial Inclusion and Financial Literacy programme”. It covered various aspects like need for Savings, concept of Banking, security features of Currency etc. followed by a Quiz Competition on Finance and Banking. The Programme was coordinated by Prof. Vidhya Dalvi, HOD Commerce Dept. and Prof. Tanvi Shenoy, NSS Prog. Officer. About 100 NSS Volunteers and Commerce Students benefited by this Programme.

45 Volunteers along with Prof. Prachi Naik, NSS Prog. Officer and Prof. Krishna Kumar, Prof.Vishal Naik attended LUIS – DE – MENEZES BRAGANCA Lecture series from 7th to 9th January.2016 at Panaji.The programme was inaugurated at the hands of Shri. Sidhant Kunkalienkar,MLA Panaji followed by lecture on ‘LIFE SKILL AND PERSONALITY DEVELOPMENT’ by shri. Prabhu Sabnis, social worker, presided over by Dr.Gervasio SFL Mendes, Principal ,SS Ambiyé Govt. College, Pernem on 7th Jan.2016.On 8th Jan 2016 panel discussion on the aspects of the life ‘JAN - JAL– JAMIN – JUNGLE -JANAVARA’ by prof. Rajendra kerkar well knowm environmentalist 7 Dr. Bhushan Bhave, Faculty of PES College , Farmagudi presided over by Shri. Rajendra Arlekar, Hon. Minister for Forest & Environment. On 9th jan.2016 Lecture on ‘SUJANA PALAKATVA’- EMPOWEREMENT FOR PARENTING INITIATIVE AND CHALLENGES by Shri. Ajit Telang, renowned Speaker and presided over by Dr. Narayan Dessai, Retd. Principal.

RUDHIRA - VOLUNTARY BLOOD DANATION CAMP

Govt. College of Arts Science and Commerce, Quepem organized Blood donation camp along with Lions Club Quepem, Curchorem and Sanguem district 317B and Blood Bank, Goa Medical College, Bambolim on 8th January 2016 at Muncipal Hall, Quepem. NSS Volunteers from the college along with General Secretary Ms. Ashmita Naik and Cultural Secretary Mr. Mohit Naik

participated in the camp.36 Volunteers from the College donated blood in addition to the 15 donors from different organizations.

NATIONAL YOUTH WEEK CELEBRATED

As Part of NATIONAL YOUTH WEEK CELEBRATIONS various activities for held in the Govt. College of Arts Science and Commerce, Quepem. On 12th Jan 2016, **Prof. Priyanka Velip**, Assistant Prof. of Sociology Dept. conducted a session on Swami Vivekanda Life and Motivation to Present Generation and Dr. Vikrant Mudliyar NSS Prog.Officer explained the meaning of Swamiji Quotations to First year B.A volunteers. On 13th January 2016 Swamini. Vimalandaji of CHINMAYA MISSION graced the college campus and addressed the Volunteers on the Importance of controlling mind to co-ordinate Body, Mind & Brain. She advised participants to always keep Ideology at higher level in the life and control Mind by using Brain to achieve it. Bahmachari. Bhadreesh Chaitanya, I/c of Curchorem Ashram, Dr, Venkatesh Prabhudessai, Shri. Shailesh Sansgiri, Smt. Anita Raina present on the Occasion. Dr. Kulkarni R.G, NSS convenor thanked the Chinmaya Mission, Curchorem for arranging the Pravachan for NSS volunteers,as part of National Youth week celebrations. He also remembered the Transforming Indians to transforming India Project of NSS Unit of the college.Dr.Ashok Mangutkar VP of the College, welcomed the gathering. Shri. Shailesh Sansgiri, introduced the Chief Guest. Dr. Vikrant Mudliyar, NSS prog. Officer proposed Vote of Thanks.

On 14th Slogan writing Competetion, On 15th Painting Competition on the theme Importance of Casting Vote is conducted. Response for the Competition was highly encouraging. Programmes were organized by Dr.R.G.Kulkarni, Dr.Vikrant Mudliyar, Prof. Prachi Naik, Prof.Pilon Alfonso,Dr.Ashok Mangutkar under the Guidance of Prof. Bhaskar G Nayak Principal and Director of Higher Education

ROAD SAFETY WEEK was observed in association with JCI Curchorem on 14th Jan. 2016 in the College conference hall for the second time in the academic year. As part of it an awareness talk was conducted by the officials of RTO Curchorem. Various topics covered in the programme were Roads Condition in Goa, Traffic Problems, Traffic Rules and Regulations, Precautions to be taken to avoid accidents, Responsibilities of citizens during accidents, first Aid and

Hospital procedures. Jc.Melina Colaso, president of Curcholem JCI welcomed the Gathering. Mr. sarvesh Kauthankar proposed Vote of Thanks. The programme was organized by Dr. Kulkarni.R.G, Prof.Tanvi Malkarnekar, Prof. Reema Kunkolienkar, under the Guidance of Dr. Ashok Mangutkar, Vice principal and Prof. Bhaskar G Nayak Principal & Director of Higher Education.

On 23rd Jan 2016 Fire safety and Disaster management programme was organized. Prof. Susheela Mendes of History Dept in her welcome address asked the Volunteers to always think of giving back to the society which makes us useful citizens of the country. Shri. Nilesh Cabral, Hon.MLA of Curcholem was the chief Guest. In his address Shri. Cabral asked the Volunteers to learn simple fire safety techniques to help the needy people in case of Disaster situations. Dr. R.G.Kulkarni addressed the volunteers and highlighted the facilities and training provided by the Curcholem Fire services department in the state. He urged the Hon.MLA to use his good offices to order Fire Services Dept. to give demo of Fire Tenders in the College Campus which could not be held due to the ongoing construction work of the New College buildings.

NATIONAL VOTERS DAY CELEBRATED

NSS unit of the Govt. College of Arts Science & Commerce, Quepem has celebrated National Voters Day On 25th January 2016 in Zoology Lab. Dr.Kulkarni Rajender Rao, NSS convenor welcomed the gathering and explained the importance of organizing National Voters Day in the educational institutions of higher learning. He emphasized on not to get influenced by the cast and Cash politics and asked students to understand the importance of selecting and electing good leaders to strengthen our democracy. Chief Guest of the function Dr.Ashok Mangutkar, Vice Principal of the College appreciated the efforts of NSS unit in bringing awareness of Voting Rights among the students, to Vote the Right People and also for making college almost 100% EPIC Card Holders College, including the students who filled FORM 6 this year. Prof. Sheena Paul, Convenor of the Students Council administered the NATIONAL VOTERS DAY PLEDGE to the participants. Prof. Rita Sharma, and Prof. Juliana Silveira, faculty members of Zoology Department distributed the E.P.I.C CARDS to the New Voters. Dr.Vikrant Mudliyar, NSS prog.officer

proposed Vote of Thanks. The programme was organized by Mr. Shubham Gurav, Ms. Tina Velip, Ms. Aniksha Naik, Ms. Mazel Costa, Ms. Anupa Gaonkar, NSS Volunteers of T.Y.B.Sc ZOOLOGY under the guidance of Prof. Bhaskar G Nayak, Principal and Director of Higher Education.

Our NSS unit participated in the Half Marathon "United We Run" organized by Akhil Gomantak Kshatriya Maratha Samaj Yuva Sangathan, Goa on 26th January to pay homage to PATHANKOTE MARTYRS. 31 Volunteers from the NSS completed the marathon from Quepem Market to Shivaji Chowk in Curchorem.

Republic Day Celebrations were held in the College. Dr. Gurav HOD of the Chemistry Dept. was the Chief Guest.

CHAITANYA BHARATI volunteers practiced the Republic day programmes and presented national integration songs in the College and also at Borimal sports Complex.

This year Mr. Vithal Naik of F.Y.B.Sc. Ms. Salma Shaikh of F.Y.B.A were selected as the best Campers. Ms. Yugandhara Naik Dessai of T.Y.B.A, Mr. Ajay Gaonkar of T.Y.B.Com were selected as best outgoing Volunteers. Mr. Virendra Shukla of T.Y.B.Sc awarded Late Prof. Bharati Parab Memorial Award for Best NSS VOLUNTEER. This award is installed by Adv. Vinoj Daniel, alumni of the College.

One Day Seminar "Entrepreneurship skill and Development" by Directorate of Sports & Youth Affairs, Campal, Panaji was conducted on 29th January 2016 at Borimal Sports Complex. Various concepts like Introduction to Entrepreneurship, Information related to DIC, KVIC, NSIC, different self-Employment Schemes like Prime Minister Employment generation (Rojgaar) Yojana, were discussed in the day long Programme. The resource persons were Shri. Nagesh Sardesai, Shri. Amey Karmali, Shri. Anand Kumar Lotlikar & Shri. Sudesh Gaonkar. Prof. Tanvi Shenoy, NSS prog. Officer and 25 Students from T.Y.B.com attended the Seminar.

FOURTH QUARTERLY REPORT (FEB - APRIL, 2016)

D.D.KOSAMBI FESTIVAL OF IDEAS.

About 100 Volunteers daily attended 9th D.D.Kosambi Festival of Ideas along with NSS Prog.Officers from 1st to 5th February, 2016, at Dinanath Mangueshkar Auditorium, Kala Academy, campal, Panaji – Goa, wherein internationally acclaimed personalities delivered lectures of valuable knowledge as mentioned below. On 1st Feb.2016 Inaugural ceremony followed a talk on “The Circle of Life” by Mrs. Sudha Murthy. On 2nd Feb. A talk by Prof. Aravind kumar Gupta on “Nurturing scientific spirit in children”. On 3rd Feb. A talk on “Intercultural Dialogue for Humanizing Globalization” by Mr.George Pependeu. On 4th Feb. A talk on “ Sustainable development Goals, the Challenges and opportunities for health “ by Dr.Poonam Khetrapal Singh and On 5th Feb. “ How to perform the 21st century” a talk by Richard Schechner .

LEGAL AID AWARENESS CAMP

60 Volunteers along with Vice Principal Dr. Ashok Mangutkar and NSS Prog. Officer Dr.Vikrant Mudliyar participated in AWARENESS CAMP on FREE LEGAL AID, GOVERNMENT SOCIAL WELFARE SCHEMES & MUNICIPAL LAWS on 4th Feb.2016 at Ravindra Bhavan, Curchorem. .The programme was organized by V.M.SALGAONKAR College Of Law, Miramar, Panaji, Goa . SHRI.NILESH CABRAL, MLA, CURCHOREM was the Chief Guest.Smt.MEENA H.NAIK GOLATEKAR, DIRECTOR OF SOCIAL WELFARE was the Guest of Honour.

Ms. Meher Rodrigues, Ms. Firdaus A Sakli of S.Y.B.Sc. Participated in All India Essay writing event 2015 organized by SRI.RAMACHANDRA MISSION (SRCM) & UNITED NATIONS INFORMATION CENTRE FOR INDIA & BHUTAN (UNIC).

NATIONAL DEWORMING DAY OBSERVED.

NSS unit and Medical services cell of the Govt. College of Arts ,Science &commerce, Quepem in association with Primary Health centre, Quepem observed the National deworming day on 19th Feb 2016 .432 ALBENDAZOLE tablets distributed to all the students up to 19 years.

Dr. Ashok Mangutkar, vice principal welcomed the medical team and administered the Albendazole tablets. Dr.S.V.Dewari, Health Officer addressed

the Prog. Officers and explained the importance of organizing Deworming day. Sri. Uday Tamhankar, Sanitary Inspector and Dr.R.G.kulkarni, NSS convenor of the college conducted sessions on "Importance of Deworming and consequences due to worm infestation in the adolescents".

Ms.Elisha Pereira, councillor, Mrs. Phaldessai, Public Health Nurse, Ms.Ashavelip, Public Health worker (F) of Primary Health center, Quepem were present on the Occasion.

The program was organized by Dr. R.G.Kulkarni, Dr.Vikrant Mudliyar, Sri. Rajan Shetye, Ms.Reema kunkolienkar, Ms. Prachi Naik, Ms. Tanvi shenoy, Ms. Tanvi prabhu Malkarnekar, Ms.pilon Alfonso, NSS Prog.Officers and Mrs. Sheena Paul, Convenor of the Medical services Cell under the Guidance of Prof. Bhaskar G Nayak, Principal of the college and Director of Higher education.

VANA SHREE

VANA MAHOTSAVA PHASE II- organized from 24th Feb to 27th Feb 2016. 575 Flowering / Ornamental/ Avenue plants collected from the Nursery of Office of the Deputy Conservator of the Forest, Aquem, Margao Goa are planted in the college Garden to enable beatification of the campus for the NAAC Visit under the supervision of well experienced Land Scaper and NSS Prog. Officer & faculty of Botany Department of College Prof. Rajan Shetye.

MISSION BYE PLASTIC PHASE V – As part of the ongoing swachh bhara abhiyaan of our College, Volunteers made 1, 07,250 paper bags and kept in the college for free distribution as our contribution in a small way to minimize the plastic usage in this part of the state.

SWACHH – BHARAT ABHIYAAN. Dr.Ashok Mangutkar, Vice Principal & Dr.R.G.Kulkarni NSS Convenor attended a meeting called by the **Hon. Governor Smt. Mridula Sinha** on Swachh – Bharat abhiyaan on 22nd March 2016 at **Raj Bhavan, Dona Paula** and explained the Mission Bye Plastic Project of our college in participants session. They have also handed over the CD / hard copy of various activities conducted by our NSS unit to Hon. Governor.

TUBERCULOSIS ADVOCACY WORK SHOP HELD AT QUEPEM.

The Goa State Tuberculosis Control society & Primary Health Centre, Quepem in association with Staff Academy, NSS Unit & Medical services Cell of the Govt. College of Arts, Science & Commerce, Quepem organized TUBERCULOSIS ADVOCACY WORK SHOP on 30th March 2016 at Conference Hall of the College for Teaching and Administrative Staff of the College. Dr.R.G.Kulkarni, NSS convenor of the College welcomed the participants and thanked the PHC, Quepem for selecting the college for advocacy programme. He urged the participants to bring awareness of Tuberculosis in the neighborhood and also among the student community. Dr. Elita Cutinho conducted the First session and explained various TB related aspects such as Global Burden of the TB and Indian Scenario, Revised national tuberculosis control programme. Dr.Vendy D Mello Conducted second session on symptoms of tuberculosis, diagnostic methods,category of TB patients, DOTS programme in Goa.Shri.UdayTamhankar Sanitary Inspector explained the role of Staff as responsible citizens to help in stopping the TB.Other Medical team members present for the workshop were Smt.Pallavi PhalDessai, Smt.Anandibai Keni & Ms.Alisha Periera. Prof.Deepa Prajith, In Charge of the staff academy compered the programme and Proposed Vote of Thanks. The Programme was organized by Prof. Sheena Paul, I/C of Medical services Cell, Dr. Vidhya Dalvi, HOD, commerce Dept. with the help of Shri.Pundalik Naik, Shri. Naresh Prabhu Dessai under the guidance of Dr.Ashok Mangutkar, Vice Principal & Prof. Bhaskar G Nayak, Principal and Director of Higher Education.

Dr.R.G.Kulkarni, NSS Convenor expressed gratitude to Prof. Bhaskar G Nayak , Principal and Director of Higher education for his guidance and motivation throughout the academic year in organizing Various activities including Inter-state youth Exchange and Home stay programme of North Eastern States , Dr. Ashok Mangutkar Vice principal for his support and to fellow programme Officers Dr. Vikrant Mudliyar, Prof. Prachi Naik, Prof. Rajan Shetye, Prof. Tanvi Shenoy, Prof. Reema Kunkolienkar, Prof. Tanvi Malkarnekar, Prof. Pilon Alfonso for shouldering the responsibility of their respective units.